

# Our Lady Queen of Peace Church (1930)

## SHRINE TO INFANT JESUS of PRAGUE (2003)



PARISH WEBSITE

www.qop.ca

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PASTOR: Rev. John Domotor  
 ADMINISTRATIVE ASSISTANT: Carol Molloy  
 PARISH MUSIC DIRECTOR:

HUNGARIAN Mass: Rev. John Domotor  
 SPANISH Mass: Rev. Benoit Laplante  
 TRADITIONAL LATIN Mass: Rev. John Domotor

WWW.LATINMASSVICTORIA.COM

**Our Lady Queen of Peace, 849 OLD ESQUIMALT Road, VICTORIA, BRITISH COLUMBIA V9A 4W9**

**MONDAYS: CHURCH & PARISH OFFICE ARE CLOSED**

PARISH OFFICE OPEN TUESDAY – FRIDAY 9.00 – 12.00 & 1.00 – 4.15 ☎ 250.384.3884 Fax: 250.384.3664

		SUNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>M A S S</b>	<b>Weekday</b>	-	12.10	12.10	12.10	12.10	-
	<b>Weekend</b>	10.00	-	-	-	-	5.00
	<b>TRADITIONAL LATIN</b>	12.00	-	-	-	9.00	-
	<b>SPANISH 2<sup>nd</sup> &amp; last Sunday of the month</b>	2.00	-	-	-	-	-
	<b>HUNGARIAN 3<sup>rd</sup> Sunday every month</b>	2.00	-	-	-	-	-
<b>SUNSET LODGE 1<sup>st</sup> &amp; 3<sup>rd</sup> Wed. 952 Arm Street</b>		-	-	9.30	-	-	-
<b>ADORATION OF BLESSED SACRAMENT</b> every Tuesday and 1 <sup>st</sup> Friday of the month		-	10.00	-	-	10.00	-
<b>ROSARY - 1<sup>st</sup> Friday of the month - 10:30 am</b>		-	11.00	11.30	11.30	11.30	-
<b>Devotion to MOTHER OF PERPETUAL HELP</b>		-	-	after Mass 12.10	-	-	-
<b>Devotion to INFANT JESUS OF PRAGUE</b>		-	-	-	after Mass 12.10	-	-
<b>CONFESSIONS: 1<sup>st</sup> Sat. of every month 3:00- 4:00pm.</b> <b>Ring the bell and enter when GREEN light is ON.</b>		9:15am- 9:30am	10:15 – 11:30am	11:00 – 11:45am	11:00- 11:45am	10:15 – 11:30am	4:00-4:30pm

**BAPTISMS:** To have your child baptized at Our Lady Queen of Parish, please call the Parish Office at least 3 months in advance to arrange an appointment with the Pastor. Parents are expected to participate in the Baptismal preparation course TBA.

**MARRIAGES:** If you wish to have your marriage solemnized at Our Lady Queen of Peace Church, please call the office at least 6 months prior to the intended date as the preparation for this life commitment takes time, thought and considerable paper work. If you are not registered at Our Lady Queen of Peace parish have the documents prepared in your own Parish.

**The CWL:** meets every month on 2<sup>nd</sup> WEDNESDAY after Noon Mass.

**PRESIDENT:** ELSIE LAMBTON  
*No meetings in July & August*

**KNIGHTS of COLUMBUS – meetings held at Our Lady Queen of Peace Community Centre**

3<sup>rd</sup> Degree (Council 1256) - 1<sup>st</sup> Monday & 2<sup>nd</sup> Thursday at 7.00 p.m.

4<sup>th</sup> Degree 3<sup>rd</sup> Thursday of the month at 7.00 p.m. **Contact: FAITHFUL NAVIGATOR Shawn Leckie 250.360.2620**

**IMPORTANT: IN THE HOSPITAL?**

*If you or family member is hospitalize or is going to the hospital and would like to be visited by your PARISH PRIEST, Please call the PARISH OFFICE to make this request.*

**HOSPITAL EMERGENCY ONLY!**

*After office hours including weekends, holidays or during the night, you can call: the Hospital Chaplain: ☎250.889.3761*

**KEEPING IN CONTACT:** We extend our hands and hearts in Christian fellowship to you here, celebrating with us, whether long time residents or newly arrived in the Parish. We thank God that you are with us. If we may assist you, please fill out the form below and place in the collection basket or mail to the PARISH OFFICE (address on top) . THANK YOU. Please mark the proper BOX (below on the left side).

- New Parishioner
- Have moved here is new address
- I am home-bound and would like someone to visit me
- I am going to be in the hospital, please call on me

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

☎ HOME ..... ☎ WORK .....

e-mail: \_\_\_\_\_@\_\_\_\_\_

SUNDAY DONATIONS can be done by using:  
 boxed Sunday Envelopes or by automatic bank withdrawal. (The PARISH OFFICE can supply you with necessary documents).

## ***'Legacies'***

**Our Lady Queen of Peace acknowledges with gratitude past legacies which we use to maintain the integrity of our Church.**

**Please include us in your 'LAST WILL', how will we survive without it?**

**Legacies are a way of providing assurance that the parish has income or savings in the event of unforeseen emergencies.**

**The monthly 'Building Fund and Collection' pays for maintenance/replacement items.**

### **Baptism at Our Lady Queen of Peace**

To have your child Baptized at Our Lady Queen of Peace Church, you must **call the office at least 3 months in advance to arrange an appointment with the Pastor.** It is assumed that the family has Our Lady Queen of Peace parish connection and practices the faith by attending Sunday Mass on a weekly basis. You may meet with the Pastor and take the course even if your child has not yet been born. **Parents are expected to participate in the Baptismal preparation.** At least one Godparent or both must be baptized and confirmed and are practicing Catholics. **Non-parishioners are required to have a Letter of Recommendation from your Pastor to have your child Baptized in our parish.**

### **Please Note**

If you suffer from Celiac disease, we are able to offer a low-gluten Host. If you are interested, please come to the sacristy before Mass and inform the priest.

### **Please Note – 'ADORATION'**

Will resume **Tues. Mar. 3<sup>rd</sup>** at 10:00am

### **Saint Joseph...Sunday Missal '2015'**

Missals (blue – St. Joseph's) are available from the parish office at a cost of \$3.50.

### **Please Note: 'Way of the Cross'**

**Every Friday during Lent starting Fri. Feb. 20 until Mar. 27 at 7:00pm at Our Lady Queen of Peace parish**

### **40 Days for Life Prayer Vigil**

Now and finishing on **Palm Sun. Mar. 29th**, Victoria will once again join with hundreds of thousands of the faithful worldwide to pray for an end to abortions. You can be the difference between Life and Death. Tens of thousands of abortions have been committed here. This internationally coordinated vigil event will be our 8th successful witness in the public square. Knowing that "with God" we can end abortions here in Victoria, join with us as we witness to the awesome saving power of God and his greater merciful grace. Call Alex at 250-590-5438 or visit: [www.40daysforlife.com/victoria/](http://www.40daysforlife.com/victoria/) on information on how you can help save lives.

MASS	INTENTIONS	For: Requested by:
<b>Feb. 24</b>	<b>TUESDAY</b>	<b>Carmel Harrison(RIP) Therese Wauthy</b>
<b>Feb. 25</b>	<b>WEDNESDAY</b>	<b>Choose Life Society</b>
<b>Feb. 26</b>	<b>THURSDAY</b>	<b>Treva Lee(RIP) Shirley Deidrick</b>
<b>Feb. 27</b>	<b>FRIDAY</b>	<b>Anne-Marie Vassart(RIP) Therese Wauthy</b>
<b>Feb. 28</b>	<b>SATURDAY</b>	<b>Eva Gerard(RIP) parishioners of Queen of Peace</b>

<b>Mar. 3</b>	<b>TUESDAY</b>	<b>Holy Souls Ann VanNoordt</b>
<b>Mar. 4</b>	<b>WEDNESDAY</b>	<b>Choose Life Society</b>
<b>Mar. 5</b>	<b>THURSDAY</b>	<b>Carmel Harrison(RIP) Therese Wauthy</b>
<b>Mar. 6</b>	<b>FRIDAY</b>	<b>Eva Gerard(RIP) Alex, Ron Fernandez &amp; Denise Rondeau &amp; Elaina Bullmore</b>
<b>Mar. 7</b>	<b>SATURDAY</b>	<b>Eva Gerard(RIP) Beatrice Gropp</b>

**Please remember the following persons who are ill in your prayers:** Barbara Dunahee, Lucy Praud, Lorna Cue, Anna Urban, Dina McGregor, Marion Turner, Ann VanNoordt, Carol Retallack, Alberta McIntyre, Christine Stornebrink, Eric Wauthy, Marcia Brown, Lynn Wood

**Condolences - We join in extending our deepest condolences to the family and friends of 'Eva Gerard' (Carol Ball's mother) May her soul and the souls of the faithful departed through the mercy of God rest in peace. Amen**

## **Pastoral Care Outreach Program Session 2**

Listening and Communication and Mental Health will be held on **Sat., Feb. 28th 9am to 2pm at St. Patrick Parish**. The workshops are open to anyone who wants to understand the practical aspects of pastoral care -- present hospital and homebound parish visitors who want to become more effective in their ministry, parishioners who look after their own family members, or other caregivers, anyone interested in knowing more about their faith, or consider this program as an opportunity for professional development that can be used at home and with others. Bring a bag lunch, Coffee/tea will be provided. It is recommended for participants to attend all four sessions if possible. **Register: 250.592.7391 – stpat190@telus.net**

## **Sacred Heart Church**

Celebrating the 50th anniversary of the First Mass at Nelthorpe Street on September 5, 1965 [the original church, built in 1936, was on Palmer Road]. As an anniversary legacy for the benefit of our youth and future generations, we have initiated a Sacred Heart Hymn Composition Competition and we are inviting parishioners from churches in the Victoria Diocese to join. **Invitation:** The Sacred Heart Church in Saanich, British Columbia, has initiated a Sacred Heart Hymn Composition Competition with a focus on contemporary hymns that would resonate with the youth. The competition is open to all. The first prize is \$1,000, second is \$500 and the third is \$250, thanks to a grant from the Catholic Foundation of Vancouver Island. **Entry deadline is Fri. April 24**, e-mail: [sacredheartvictoriabc@gmail.ca](mailto:sacredheartvictoriabc@gmail.ca).

## **Ethics at the End of Life**

**Fri., Apr. 17 (7-9pm) & Sat., Apr. 18, (9am-4 pm)**

Fr. Mark Miller, C.Ss.R., clinical bioethicist, will speak to this topic at Holy Cross Parish, Victoria. Fr. Miller is the Provincial of the English-speaking Redemptorists of Canada and continues his clinical ethics work part-time at the Centre for Clinical Ethics at St. Joseph's and St. Michael's Hospitals in Toronto. Please bring a bag lunch. **Mass on Sat. at 8:30am with Bishop Gary**. All are welcome to attend. Contacting Valentina Boyd at Holy Cross Parish office at 250-477-5321 or by email at [office@holycrossvictoria.org](mailto:office@holycrossvictoria.org) This presentation is sponsored by the Diocese of Victoria.

## **Seek Jesus in Scripture**

This course aims to teach participants the different tools available to pray with scripture. It also introduces some techniques that one can use to help understand the Scripture in a deeper way. The course will be conducted for **two Thursdays beginning March 5 and March 12 from 7pm-around 9pm at the St. Andrew's Cathedral Parish Centre**. **Topics will include:** Short Introduction to Scripture; Preparing for Sunday Pay Attention; Chop it up; Key words Resources – Software, websites and books For more information or to register, please send an email: [philip.yuson@gmail.com](mailto:philip.yuson@gmail.com) or call 250.381.2425

## **Lent has begun!**

Ash Wed., Feb. 18 and Good Friday, Apr.3 are days of fast and abstinence throughout the universal church. Fridays of Lent are also compulsory days of abstinence throughout the universal church. In Canada, Catholics may substitute an act of charity in place of abstinence. **However, it is strongly encouraged that some form of penitential discipline be undertaken.** Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted. Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.

## **Message Ref.: Ash Wednesday**

The 2015 Lunar Year for Chinese, Vietnamese, Korean, Malaysian and other ethnic groups coincides with Ash Wed. Therefore, I dispense, from the laws of abstinence and fasting, in accordance with Canon 87.1, those of the faithful who are present in the Diocese of Victoria and those who are subjects of the Diocese of Victoria, wherever they may be, who will celebrate the Lunar New Year on Ash Wed. Feb. 18. However, as Lent is a penitential time of preparation for the liturgical celebration of the Passion, Death and Resurrection of Our Lord, Jesus Christ, I am obliging all who make use of this dispensation to observe a day of fast and abstinence on one other day at the beginning of Lent, such as Wed. Feb. 25 or Fri., Feb.27. The Mass and distribution of ashes takes place as usual on Ash Wed. Please note that this relaxation of the rule for such a significant day in the Church's liturgical year is a one-time dispensation only and is not valid for future years.

In Communion,  
Most Rev. Gary Gordon  
Bishop of Victoria

## **Message of His Holiness Pope Francis for Lent**

“Make your hearts firm” (Jas 5:8)

Dear Brothers and Sisters, Lent is a time of renewal for the whole Church, for each communities and every believer. Above all it is a “time of grace” (2 Cor 6:2). God does not ask of us anything that he himself has not first given us. “We love because he first has loved us” (1 Jn 4:19). He is not aloof from us.

Each one of us has a place in his heart. He knows us by name, he cares for us and he seeks us out whenever we turn away from him. He is interested in each of us; his love does not allow him to be indifferent to what happens to us. Usually, when we are healthy and comfortable, we forget about others (something God the Father never does): we are unconcerned with their problems, their sufferings and the injustices they endure... Our heart grows cold. As long as I am relatively healthy and comfortable, I don't think about those less well off. Today, this selfish attitude of indifference has taken on global proportions, to the extent that we can speak of a globalization of indifference. It is a problem which we, as Christians, need to confront.

When the people of God are converted to his love, they find answers to the questions that history continually raises. One of the most urgent challenges which I would like to address in this Message is precisely the globalization of indifference.

Indifference to our neighbour and to God also represents a real temptation for us Christians. Each year during Lent we need to hear once more the voice of the prophets who cry out and trouble our conscience.

God is not indifferent to our world; he so loves it that he gave his Son for our salvation. In the Incarnation, in the earthly life, death, and resurrection of the Son of God, the gate between God and man, between heaven and earth, opens once for all. The Church is like the hand holding open this gate, thanks to her proclamation of God's word, her celebration of the sacraments and her witness of the faith which works through love (cf. Gal 5:6). But the world tends to withdraw into itself and shut that door through which God comes into the world and the world comes to him. Hence the hand, which is the Church, must never be surprised if it is rejected, crushed and wounded.

God's people, then, need this interior renewal, lest we become indifferent and withdraw into ourselves. To further this renewal, I would like to propose for our reflection three biblical texts.

**1.** The love of God breaks through that fatal withdrawal into ourselves which is indifference. The Church offers us this love of God by her teaching and especially by her witness. But we can only bear witness to what we ourselves have experienced. Christians are those who let God clothe them with goodness and mercy, with Christ, so as to become, like Christ, servants of God and others. This is clearly seen in the liturgy of Holy Thursday, with its rite of the washing of feet. Peter did not want Jesus to wash his feet, but he came to realize that Jesus does not wish to be just an example of how we should wash one another's feet. Only those who have first allowed Jesus to wash their own feet can then offer this service to others. Only they have “a part” with him (Jn 13:8) and thus can serve others.

Lent, is a favourable time for letting Christ serve us so that we in turn may become more like him. This happens whenever we hear the word of God and receive the sacraments, especially the Eucharist. There we become what we receive: the Body of Christ. In this body there is no room for the indifference which so often seems to possess our hearts. For whoever is of Christ, belongs to one body, and in him we cannot be indifferent to one another. “If one part suffers, all the parts suffer with it; if one part is honoured, all the parts share its joy” (1 Cor 12:26).

The Church is the communion sanctorum not only because of her saints, but also because she is a communion in holy things: the love of God revealed to us in Christ and all his gifts. Among these gifts there is also the response of those who let themselves be touched by this love. In this communion of saints, in this sharing in holy things, no one possesses anything alone, but shares everything with others. And since we are united in God, we can do something for those who are far distant, those whom we could never reach on our own, because with them and for them, we ask God that all of us may be open to his plan of salvation.

**2.** All that we have been saying about the universal Church must now be applied to the life of our parish and communities. Do these ecclesial structures enable us to experience being part of one body? A body which receives and shares what God wishes to give? A body which acknowledges and cares for its weakest, poorest and most insignificant members? Or do we take refuge in a universal love that would embrace the whole world, while failing to see the Lazarus sitting before our closed doors (Lk 16:19-31)

In order to receive what God gives us and to make it bear abundant fruit, we need to press beyond the boundaries of the visible Church in two ways. In the first place by uniting ourselves in prayer with the Church in heaven. The prayers of the Church on earth establish a communion of mutual service and goodness which reaches up into the sight of God. Together with the saints who have found their fulfilment in God, we form part of that communion in which indifference is conquered by love. The Church in heaven is not triumphant because she has turned her back on the sufferings of the world and rejoices in splendid isolation. Rather, the saints already joyfully contemplate the fact that, through Jesus' death and resurrection, they have triumphed once and for all over indifference, hardness of heart and hatred. Until this victory of love penetrates the whole world, the saints continue to accompany us on our pilgrim way. Saint Therese of Lisieux, a Doctor of the Church, expressed her conviction that the joy in heaven for the victory of crucified love remains incomplete as long as there is still a single man or woman on earth who suffers and cries out in pain: "I trust fully that I shall not remain idle in heaven; my desire is to continue to work for the Church and for souls" (Letter 254, July 14, 1897).

We share in the merits and joy of the saints, even as they share in our struggles and our longing for peace and reconciliation. Their joy in the victory of the Risen Christ gives us strength as we strive to overcome our indifference and hardness of heart.

In the second place, every Christian community is called to go out of itself and to be engaged in the life of the greater society of which it is a part, especially with the poor and those who are far away. The Church is missionary by her very nature; she is not self-enclosed but sent out to every nation and people. Her mission is to bear patient witness to the One who desires to draw all creation and every man and woman to the Father. Her mission is to bring to all a love which cannot remain silent. The Church follows Jesus Christ along the paths that lead to every man and woman, to the very ends of the earth (cf. Acts 1:8). In each of our neighbours, then, we must see a brother or sister for whom Christ died and rose again. What we ourselves have received, we have received for them as well. Similarly, all that our brothers and sisters possess is a gift for the Church and for all humanity.

Dear brothers and sisters, how greatly I desire that all those places where the Church is present, especially our parishes and our communities, may become islands of mercy in the midst of the sea of indifference!

**3.** As individuals too, we have are tempted by indifference. Flooded with news reports and troubling images of human suffering, we often feel our complete inability to help. What can we do to avoid being caught up in this spiral of distress and powerlessness?

**First,** we can pray in communion with the Church on earth and in heaven. Let us not underestimate the power of so many voices united in prayer! The 24 Hours for the Lord initiative, which I hope will be observed on 13-14 March throughout the Church, also at the diocesan level, is meant to be a sign of this need for prayer.

**Second,** we can help by acts of charity, reaching out to both those near and far through the Church's many charitable organizations. Lent is a favourable time for showing this concern for others by small yet concrete signs of our belonging to the one human family.

**Third,** the suffering of others is a call to conversion, since their need reminds me of the uncertainty of my own life and my dependence on God and my brothers and sisters. If we humbly implore God's grace and accept our own limitations, we will trust in the infinite possibilities which God's love holds out to us. We will also be able to resist the diabolical temptation of thinking that by our own efforts we can save the world and ourselves.

As a way of overcoming indifference and our pretensions to self-sufficiency, I would invite everyone to live this Lent as an opportunity for engaging in what Benedict XVI called a formation of the heart (cf. *Deus Caritas Est*, 31). A merciful heart does not mean a weak heart. Anyone who wishes to be merciful must have a strong and steadfast heart, closed to the tempter but open to God. A heart which lets itself be pierced by the Spirit so as to bring love along the roads that lead to our brothers and sisters. And ultimately a poor heart one which realizes its own poverty and gives itself freely for others.

During this Lent, then, brothers and sisters, let us all ask the Lord: "Fac cor nostrum secundum cor tuum": Make our hearts like yours (Litany of the Sacred Heart of Jesus). In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalization of indifference.

It is my prayerful hope that this Lent will prove spiritually fruitful for each believer and every ecclesial community. I ask all of you to pray for me. May the Lord bless you and Our Lady keep you.

From the Vatican, 4 October 2014

Feast of Saint Francis of Assisi

FRANCIS

## **10 Ways We Can Fast** (Fr. Ed Broom, OMV)

**1.** Eat less and receive the most Holy Eucharist more. By this practice we give more importance to our spiritual life and the salvation of our soul. Jesus said: “Do not work for food that perishes, but for food that endures for eternal life, which the Son of man will give you. For on him the Father, God, has set his seal.”

**2.** Control your tongue. Saint James says, “We should be slow to speak and quick to listen.” Read James chapter three—one of the best exhortations in the world to work on controlling our tongue!

**3.** Heroic Moments. The Founder of Opus Dei has coined the phrase, “The Heroic moment”. By this Saint Jose Maria asserts that as soon as we hear the alarm clock we should spring from bed, pray and start our day. The devil of laziness encourages us to push the Snooze-button!

**4.** Control those wandering eyes. The eyes are the mirror to the soul. The holy King David plunged into sin and more sin leading to murder for the simple reason that he allowed his eyes to wander. His eyes wandered and gazed upon a married woman—Bathsheba. Adulterous thoughts led to physical adultery, to denial of his sin and eventually to killing an innocent man—the husband of Bathsheba. (II Samuel 11-12) Let us strive to live out the Beatitude: “Blessed are the pure of heart, they will see God.” (Mt. 5: 8)

**5.** Punctuality. Jesus says, “He who is faithful in the small will be faithful in the larger things.” (Mt. 25:23) Being punctual and on time is a sign of order, respect for others, and a means to accomplish tasks well and on time. Prayerfully read through these suggestions on how to fast—how to deny yourself—and choose one or two that you can start to practice right away. May Our Lady, Mother of Good Counsel, encourage us to deny ourselves and say “yes” to the love of God by serving our brothers and sisters with a generous heart! (Lk. 1: 38—Mary’s “Yes” to God).

**6.** Listen to Others. It is all too easy to interrupt others when they speak and try to impose our own ideas even before the person has finished his idea. Charity, which means, love for God and for others, teaches us to respect others and allow them to speak without interrupting and imposing our own ideas. Listening to others is also an act of humility—putting others before ourselves! “*Jesus meek and humble of heart make my heart like unto yours.*” (Mt. 11:28-30—Jesus describes His Heart as meek and humble...)

**7.** Be Thankful Rather Than Complain. Never allow a day to pass in which you do not thank God. We should constantly be thanking God. Furthermore, we should make it a habit to frequently thank others.

“*Give thanks to the Lord for He is good; His mercy endures forever,*” (Psalm 118:1).

**8.** Smile, even if you don’t necessarily want to. This indeed could be a great penance—to smile at somebody even when you are tired, carrying with you a headache or a cold. This is heroic virtue. A smile is something small, but it is contagious. Indeed a sincere smile can lift those who see it from desolation to a state of consolation. One of the most evident signs of being a follower of Jesus is the smile of joy radiating from the face. “*Rejoice in the Lord; I say it again: rejoice in the Lord.*” (Phil. 4:4)

**9.** Pray, even when you do not feel like it. Many of us unfortunately base our spiritual life on mere feelings which are ephemeral, transitory and passing like the dew that evaporates by the morning sun. Our best example is of course Our Lord and Savior Jesus Christ in the Garden of Gethsemane (Lk. 22:39-46).

When Jesus was experiencing a mortal agony and desolation that drew huge drops of Blood from His pores, He did not really feel like praying. Nonetheless, Jesus prayed all the more fervently. Therefore, let us practice fasting and penance in our lives and have a set time and place to pray and to pray at times even when we do not feel like it. This is penance and true love for God! This is a sign of true maturity in the faith!

**10.** Encouragement. “Barnabus” actually means “Son of encouragement” (Acts 4:36). Let us get out of our egotistic shell and focus more on God and seeing Jesus in others—in imitation of the Good Samaritan.

(Lk. 10). Let us learn to be a Simon of Cyrene and help our brothers and sisters who are carrying the weight of a very heavy cross. Let us lighten it by encouraging words, motivational gestures and by a heart filled with love and compassion. Remember the Golden Rule: “*Do to others what you would like them to do to you.*” (Mt. 7:12) In the difficult storms of the earthly battle, a word of encouragement can indeed be a powerful wind in the sails!

**Prayerfully read through these suggestions on how to fast**—how to deny yourself—and choose one or two that you can start to practice right away. May Our Lady, Mother of Good Counsel, encourage us to deny ourselves and say “yes” to the love of God by serving our brothers and sisters with a generous heart! (Lk. 1: 38—Mary’s “Yes” to God).



## **Development & Peace**

Development and Peace brings the Joy of the Gospel for Share Lent 2015. On Ash Wed., D. & P. will launch its annual Share Lent campaign with the theme Sow Much Love...To Give. This campaign raises funds to support its mission in more than 30 countries in Africa, Asia, Latin America, and the Middle East. Watch for quotations from Pope Francis' apostolic exhortation, The Joy of the Gospel. Learn more at [devp.org/sharelent](http://devp.org/sharelent). **"We have to state, without mincing words, that there is an inseparable bond between our faith and the poor. May we never abandon them."** Pope Francis.

For nearly 50 years, Development and Peace has been committed to nurturing the bond between the faith of Canadian Catholics and the poorest of our brothers and sisters in the human family. We have supported 15,200 local initiatives around the world in areas such as agriculture, education, community action, peace-building and citizen participation. You can support these endeavours in the Share Lent collection on the Fifth Sunday of Lent - **Solidarity Sunday - March 22**. Let us sow seeds of love.

## **World Day of Prayer**

Please join us at **Esquimalt United Church**, 500 Admirals Rd on **Fri., Mar. 6<sup>th</sup> at 1:30pm** for a celebration of the World Day of Prayer. All are welcome for tea following the service. **Contact Leanne Benoit at 250-384-3031 or email [esquimaltunited@shaw.ca](mailto:esquimaltunited@shaw.ca)**

## **Victoria Diocesan C.W. L.**

Victoria Diocesan **CWL Spring Interim Meetings, March 2**, at Holy Family Notre Dame Parish, Port Alberni. Executive meeting at 9am, General meeting at 10am please bring your ideas to develop our Diocesan theme. (The national theme is *One Heart, One Voice, One Mission* and the provincial theme is *Joyfully Serving the Lord.*)

**Job Opportunity** Island Catholic Schools invites applications for a Special Education Assistant, Level 1 at St. Patrick's School, Information or forms visit <http://www.cisdv.bc.ca/employmentopportunities.php>

## **Island Catholic Schools -Applications**

Temporary .8 Grade 4/5 Teacher at John Paul II School in Port Alberni B.C. See –

**<http://www.cisdv.bc.ca/employment-oppportunities.php> application forms and procedures.** Mary Carmichael

Executive Assistant Island Catholic Schools:

[mcarmichael@cisdv.bc.ca](mailto:mcarmichael@cisdv.bc.ca) 250.727.6893 or

250.727.6879 (fax)

## **Gratitude & Thanksgiving**

On behalf of the Reception Committee for St. Andrew's Cathedral I would like to thank every Parish, individual and group who so *generously* donated their time & labor, food and funds that collectively made Fr. Harrison's Ordination Reception the successful joyful occasion that it was. May God bless each and every one you! Joan Vezina  
Reception Coordinator - St. Andrew's Cathedral

## **Invitation to Parish Musicians**

An invitation to all music ministers to be part of a Diocesan Choir for the Chrism Mass which will be celebrated this year on **Thurs., Mar. 26<sup>th</sup> -7:00 p.m.** in St. Andrew's Cathedral. **Rehearsals will take place at the Cathedral on: Sat., Mar. 14 - 10:30 – 1:30pm Sat., Mar. 21 - 10:30 - 1:30pm & Thurs., Mar 26- 6 p.m. (Warm-up before Mass at 7 p.m.)** Please **do not commit yourself**, if you are **unable to attend both rehearsals**. All voice sections are needed (SATB). Instrumentalists are also welcome. Music will be provided. Persons interested in singing or playing please contact Jackie Ray at St. Andrew's Cathedral 388-5571 (day) or 384-9681 (evening) or e-mail [jiray@shaw.ca](mailto:jiray@shaw.ca) before March 7<sup>th</sup>

## **Our Lady of Fatima Church**

"DIVINE WILL PRAYER GROUP: Join our Divine Will prayer group and hear pre-recorded talks on how to live in the Divine Will of God, given by Father Thomas Celso of Rochester New York. Our Lady of Fatima Church basement,4635 Elk Lake Drive, **every Wed. at 2pm. - Maureen Gunn - 250.370.1012**

## **Our Lady of the Rosary Church**

The Seven Last Words of Our Saviour on the Cross by J. Haydn for string quartet and orator **Our Lady of the Rosary Church, Mon. March 23 - 7:00 p.m.**

The Seven Last Words of Our Saviour on the Cross (German: Die sieben letzten Worte unseres Erlösers am Kreuze) is a work by Joseph Haydn, commissioned in 1783 for the Good Friday service at Oratorio de la Santa Cueva (Holy Cave Oratory) in Cádiz, Spain. The seven main meditative sections are based on the last utterances of Christ on the cross. Each movement preceded by a reflection on the meaning of the utterance by an orator. This presentation is intended to further enhance one's Lenten devotion.

[http://en.wikipedia.org/wiki/The\\_Seven\\_Last\\_Words\\_of\\_Christ\\_%28Haydn%29](http://en.wikipedia.org/wiki/The_Seven_Last_Words_of_Christ_%28Haydn%29)

**ADVERTISE:** We are in search of a **Volunteer Coordinator** to canvass business groups from the general public or from our own parishioners to advertise in our Bulletins. Interested please call **384-3884**, or email: **office@gop.ca** We appreciate the support of these sponsors. Please support them:

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**Camps for Kids**

**12 to 15 years old** Mon. Mar. 9 to Fri. Mar. 13th - 9am to 1pm. Cost: \$20.00. We invite teenagers to join us at this camp, so they can volunteer at the children & young kids' camps. **7 to 11 years old** Mon. Mar. 16 to Fri. Mar. 20th - 8:50am to 2pm Cost \$60.00. **4 to 6 years old** Mon. Mar. 16 to Fri. March 20th -- 8:50 am to 12:30 pm. Cost \$60.00. Registration and **Information, Our Lady of the Rosary:** E-mail: [olor@shaw.ca](mailto:olor@shaw.ca) or 250-478-3482 Office hours: Tues. 11am - 1:30pm & Wed. to Fri. 9:30- 1:30

**Camp Homewood 2015**

Diocesan Youth Retreat for Youth in Grades 7-12 **Jan. 30th – Feb. 1<sup>st</sup>** with Ken Yasinski & the Face 2 Face Team as our Retreat Leaders! Contact Camp Coordinators: Terri-Ann Wynans ([wynans@shaw.ca](mailto:wynans@shaw.ca)) 250-724-5465 or Bonni Roset ([broset@telus.net](mailto:broset@telus.net)) 250-923-4299 Sponsored by St. Patrick's Parish, Campbell River and Notre Dame Parish, Port Alberni, with financial support from the Catholic Foundation of Vancouver Island. Cost - \$150.00 per participant \*this includes all food, accommodation & activities\*

**Cruise November 2-20, 2015?**

Mary Hof, parishioner of St. Edward's parish, is leading a 15 day cruise through the Panama Canal, with three extra days in Fort Lauderdale. We are visiting many ports. On a previous cruise, parishioners from various parishes came along, and it turned out to be a lot of fun. It's a good way to build community. A possibility of having 20 participants; presently 16 are registered. Cruise prices risen in the last month as the Canadian dollar sinks but cabins have been reserved, so the price is looking good. Contact Mary at [mhof126@gmail.com](mailto:mhof126@gmail.com) or 250 743 4074



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**A Giggle in the Middle**

A plumbing contractor received a call from the local priest to fix a leaking tap. Because the job was small he put it off, waiting for another call from the same neighbourhood. Two months later the plumber received a note from the priest, which said, "Matthew 11:3". He consulted his bible to find: "Are you the one who is to come, or shall we look for another?" The tap was fixed the next day!